



## CAMP BAG LIST

### GENERAL SUPPLIES

Wood Cookie  
Camp T-Shirt  
Camp Hat  
Pride Sticker  
Pride Bracelet  
Camp Laurel Song Book



### ACTIVITY ITEMS

#### COOKING

Can of Corn, Green Chilis, Beans, Tomato, Bag of Spices - Need from Home: Bowl, Spoon, Can Opener and Pot for Cooking

#### DANCE WITH LOCKY

Comfortable Clothes to Move In

#### DARE TO BE YOU

Journal, Pencil

#### DREAM

Journal, Paper, Pen, Pencil

#### FASHION DESIGN

Scissors, 3 Pieces of Clothing that are in Camp Bag, Paper, Markers, Pencil

#### FINDING YOUR HAPPY

Journal, Paper, Pencil

#### INFLUENCER WITH SQUINTS

Journal, Pencil

#### INFLUENCER AS A CAREER WITH SCOTTY CUNHA

Journal, Pencil

### ACTIVITY ITEMS

#### ART WITH SPIKE

Pencil, Paper, Watercolor Paper, Markers, Blankets from Your Home

#### ART - LIFE PORTRAITS

Canvas, Paint in Tubes, Paintbrush

#### BUILDING A COMMUNITY TREE

Camp T-Shirt, Markers

#### CABIN GROUPS

Canvas Bag, Markers, Mini Canvas, Mini Watercolor, Crayons, PRIDE Bracelet, Stickers, Flag, Yard, Wood Cookie with Hole in it

## ACTIVITY ITEMS

### M.A.C. WITH BROOKLYN

Any Make-Up Available at Home,  
Mirror

### MANDALAS

Watercolor Paper, Markers, Pencil

### MINDFULNESS & MEDITATION

Journal, Pencil

### MY STORY

Journal, lined paper, Pencil

### NAVIGATING DIFFICULT

### RELATIONSHIPS

Journal, Pencil, Paper

### NON-MEDICAL

### TRANSITIONS

Journal, Pencil

### ORIGAMI

White Copy Paper

### PRIDE ART WITH PICKLES

Markers, Wood Cookie (without  
Hole)

### PRIDE ART WITH ADDISON

Markers, Wood Cookie (without  
Hole)

### SEX EDUCATION

Journal, Pencil

### SLAM POETRY

Journal or Lined Paper, Pencil

## SMART GOALS

Journal, Pencil, Paper

## SONG WRITING WITH BRODY

Journal or Lined Paper, Pencil

## STIGMA

Journal, Pencil

## TRANSGENDER CULTURE

Journal, Pencil, Paper

## TRANSGENDER IN THE WORKPLACE/JOB BUILDING

Journal, Or Lined Paper, Pencil

## VISION BOARDS

Poster Board, Glue Stick,  
Construction Paper, Scissors,  
Markers, Crayons, Copy Paper

## YOU ARE AN ART

Watercolor Paper, Mini Paints,  
Pencils, Crayons

## EVENING PROGRAMS

**BINGO** - Printed BINGO Cards  
(they will be emailed you),  
Something to Cover the Squares  
with (Pennies, Beans, Cheerio's)

**ESCAPE ROOM**- Paper, Markers,  
Pencil

**FINAL CAMP FIRE** - Smores Kit,  
Lighter, T-Light Candle



All Times are in PST



# CAMP

# SCHEDULE

#nofilter

## MONDAY JUNE 22 - We're All In This Together

9:00 AM WELCOME CIRCLE - Good Morning!

Dance, Songs, and Cabin Groups

9:30 AM  ACTIVITY SESSIONS

- Yoga
- Building A Community Tree – With Addison
- Origami
- Art with Spike

10:30 AM  BREAK

10:45 AM  ACTIVITY SESSIONS

- Mindfulness and Meditation
- Non-Medical Transition Discussion
- PRIDE Art with Addison

11:45 AM LUNCH CIRCLE - Discovery Challenge

12:00 PM  OFFLINE




4:00 PM  CABIN TIME

4:45 PM EVENING CIRCLE

7:00 PM  EVENING PROGRAM - BINGO - TRANSGENDER TRIVIA

8:00 PM NITE-NITE - SEE YOU TOMORROW!

### LEGEND

-  Online
-  Offline
-  Optional



## TUESDAY JUNE 23 - True You

8:00 AM L.I.T. MEETING



9:00 AM MORNING CIRCLE - Morning!!!!

9:30 AM ACTIVITY SESSIONS

- My Story: Living Your Authentic Self - Addison
- Write Your Own Song – Brody Ray
- Dare to Be You: Alcohol & The LGBT Community -CAN



10:30 AM BREAK

10:45 AM ACTIVITY SESSIONS



- Dance: Express Yourself – Locky Brownlie
- Finding Your Happy – Barret Pall
- Slam Poetry - Fig
- Song Writing - Publish/Perform – Brody Ray
- Mandalas

11:45 AM LUNCH CIRCLE - Discovery Challenge



12:00 PM OFFLINE



4:00 PM CABIN TIME

4:45 PM EVENING CIRCLE



7:00 PM EVENING PROGRAM - Express Yourself - TALENT SHOW



8:00 PM NITE-NITE - SEE YOU TOMORROW!



## WEDNESDAY JUNE 24 - Around The World

8:00 AM L.I.T. MEETING

9:00 AM MORNING CIRCLE

9:30 AM ACTIVITY SESSIONS

- Navigating Difficult Relationships/Building Healthy Ones
- Origami
- PRIDE Art

10:30 AM BREAK

10:45 AM ACTIVITY SESSIONS

- Transgender Culture
- Influencer - Squints
- ART - Life Portraits

11:45 AM LUNCH CIRCLE - Discovery Challenge

12:00 PM OFFLINE

4:00 PM CABIN TIME

4:45 PM EVENING CIRCLE

7:00 PM EVENING PROGRAM - Escape Room Heist

8:00 PM NITE-NITE - SEE YOU TOMORROW!



## THURSDAY JUNE 25 - Let's Dream

8:00 AM L.I.T. MEETING

9:00 AM MORNING CIRCLE

9:30 AM ACTIVITY SESSIONS

- Dreaming Community - FLUX
- M.A.C. Make-Up from Home - Brooklyn
- Fashion Design



10:30 AM BREAK

10:45 AM ACTIVITY SESSIONS

- Sex Ed.
- Vision Boards
- M.A.C. Make-Up from Home - Brooklyn
- You Are An Art



11:45 AM LUNCH CIRCLE - Discovery Challenge



12:00 PM OFFLINE



4:00 PM CABIN TIME

4:45 PM EVENING CIRCLE



7:00 AM EVENING PROGRAM - Camper Showcase /  
I Dream My World Will Be



8:00 PM NITE-NITE - SEE YOU TOMORROW!



## FRIDAY JUNE 26 - Let's Get Down To Business

8:00 AM L.I.T. MEETING

9:00 AM MORNING CIRCLE

9:30 AM  ACTIVITY SESSIONS

- Smart Goals
- Art with Spike
- Influencer Career/Building Your Business – Scotty Cunha


 10:30 AM BREAK

10:45 AM  ACTIVITY SESSIONS

- Cooking – Katie Longawa
- Transgender in The Workplace/Job Building
- Fighting the Stigma of HIV and Transgender/Gender Diverse

11:45 AM LUNCH CIRCLE - Discovery Challenge

 12:00 PM OFFLINE

 5:00 PM EVENING PROGRAM - CAMP FIRE: Skits and S'mores

## THANKS FOR A GREAT CAMP!

