

# Camp Laurel Physical Form

(To be completed by a licensed physician, nurse practitioner, or physician assistant.)

## Physical Information

Camper Name: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Allergies: \_\_\_\_\_

Please check if there are any abnormalities with the following:

	Yes	No	Comments		Yes	No	Comments
General	___	___	_____	Heart	___	___	_____
Skin	___	___	_____	Lungs	___	___	_____
HEENT	___	___	_____	Abdomen	___	___	_____
Lymph Nodes	___	___	_____	Other:	___	___	_____

Please check whether the patient has the following:

	Yes	No		Yes	No		Yes	No
Recent Hospitalizations	___	___	Lab Abnormalities	___	___	Communicable Diseases	___	___
Chronic Illness	___	___	Neurologic Deficit	___	___	Physical Disabilities	___	___
Hearing/Vision Deficit	___	___	Asthma	___	___	Seizures	___	___

If yes to any of the above, please comment: \_\_\_\_\_

\_\_\_\_\_

## Immunization History

Varicella: Date: \_\_\_\_\_ If not vaccinated, has patient had Varicella or Zoster? \_\_\_Yes \_\_\_No

Tetanus: Date of most recent Tetanus Vaccine/Booster (DTaP/Tdap/Td)" \_\_\_\_\_

TB Screening <small>(Required for all campers and must be within 12 months of camp date.)</small>	Blood Test <small>HIV+ campers only, please provide most recent results</small>
<p><b>PPD Skin Test</b> Date: _____ Result: _____</p>	<p><b>Date:</b> _____ Hgb/Hct: _____ Platelets: _____ ANC: _____ CD4/%: _____ Viral Load: _____</p>
<p><b>If camper has a history of past PPD (+):</b> Date of (+) result: _____ Result of screen CXR: _____ Dates of treatment: _____ Please endorse that camper is currently a <input checked="" type="checkbox"/> asymptomatic and poses no infectious TB Risk Physician's Initials: _____</p>	

## Physician Verification

The elevation of the campsite is 6,600 feet. Typical camp activities include ropes course, hiking, archery, horseback riding, rock climbing, boating, yoga, sports, small animal handling, zip-line, swimming, canoeing, etc.

Is patient restricted from any activities? \_\_\_ YES \_\_\_ NO Does patient have elevation restrictions? \_\_\_ YES \_\_\_ NO

If yes, please list restrictions: \_\_\_\_\_

I have been informed of the camp activities and have examined \_\_\_\_\_, who is physically able to engage in all activities, except as noted above. I hereby verify that all information provided on this form is true and correct.

Physician Name (Please print): \_\_\_\_\_

Physician Signature:  Date:

Hospital Affiliation: \_\_\_\_\_ Address: \_\_\_\_\_

Office Phone: \_\_\_\_\_ On Call/Off Hours: \_\_\_\_\_

### ATTENTION:

Don't forget to **date** and **sign** this page. This physical must be performed within a year prior to camp. Thank you!